Manganese Silyl Dihydride Complexes: A Spectroscopic, Crystallographic and Computational Study of Nonclassical Silicate and Hydrosilane Hydride Isomers

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ABSTRACT: Manganese silyl dihydride complexes $[(\text{dmpe})_2\text{MnH}_2(\text{SiHR}_2)]$ $\{R = Ph(3a), R = Et(3b)\}\$ and $[(\text{dmpe})_2\text{MnH}_2(\text{SiHR}_2)]$ ${R = Ph (4a), R = {}^nBu (4b)}$ were generated by exposure of silylene hydride complexes, $[(dmpe)_2MnH(=SiR2)] (1a: R = Ph, 1b: R = I^2b)$ Et), and disilyl hydride complexes, $[(dmpe)_2MnH(SiH_2R)_2]$ (2a: R = Ph, 2b: R = ⁿBu), respectively, to H₂ at room temperature. In solution, **3a-b** and **4a-b** exist as an equilibrium mixture of a *central* isomer with a meridional H–Si–H arrangement of the silyl and hydride ligands {this isomer may be considered to contain an η^3 -coordinated silicate ($H_2SiR_3^-$) anion}, and a *transHSi* isomer with *trans*-disposed hydride and nonclassical hydrosilane ligands (the latter is the result of significant but incomplete hydrosilane oxidative addition). Additionally, DFT calculations indicate the thermodynamic accessibility of *lateralH²* and *transH²* isomers with *cis*- and *trans*-disposed silyl and dihydrogen ligands, respectively. Compounds **3a** and **4a** crystallized as the *central* isomer, whereas **4b** crystallized as the *transHSi* isomer. Bonding in the *central* and *transHSi* isomers of **3a**-**b** and **4a**-**b** was further investigated through ²⁹Si_edited ¹H–¹H COSY solution NMR experiments to determine both the sign and magnitude of *J*_{29Si,1H} coupling (negative and positive values of $J_{29\text{Si,IH}}$ are indicative of dominant 1-bond and 2-bond coupling, respectively). These experiments afforded $J_{29\text{Si,IH}}$ coupling constants of -47 Hz for η^3 - $(H_2\text{SiR}_3)$ in the *central* isomer of **3b** (calcd. -40 to -47 for **3a-b** and **4a-b**), -38 to -54 Hz for η^2 -(R3Si–*H*) in the *transHSi* isomer of **3a-b** and **4a-b** (calcd. –26 to –47 Hz), and 5 to 9 Hz for the terminal manganese hydride ligand in the *transHSi* isomer of **3b** and **4a-b** (calcd. 12 to 14 Hz for **3a-b** and **4a-b**), experimentally supporting the nonclassical nature of bonding in the *central* and *transHSi* isomers.

INTRODUCTION

Transition metal hydrosilane complexes are a class of sigma complex important in many chemical transformations, especially those involving formation of $Si-C$ bonds.^{[1-3](#page-11-0)} Isolated examples of hydrosilane complexes are far less common than related dihydrogen complexes, despite the fact that the first hydrosilane complex was reported by Graham *et al.* in 1969[,](#page-11-1)⁴ 15 years before Kubas' report of the first H_2 comple[x.](#page-11-2)⁵ Upon oxidative addition of the Si–H bond, classical silyl hydride complexes (with two separate 2c-2e bonds, as opposed to a single 3c-2e bond) are formed. However, as early as 1971, Graham reported a monometallic silyl hydride complex with significant interligand Si–H bondin[g.](#page-11-3) ⁶ These nonclassical hydrosilane complexes have been the subject of a number of reviews, $7-9$ and from a molecular orbital perspective, they are typically described using a modification of the Dewar-Chatt-Duncanson bonding model, with concomitant σ donation and π backdonation to/from the metal (Figure 1). A variety of terms have been employed to describe these intermediate complexes, 10,11 10,11 10,11 and comprehensive studies by a number of groups, including those of Nikonov,^{[12-1](#page-11-6)9} Sabo-Etienne,^{[9,](#page-11-7)[20-25](#page-12-0)} and Scherer,^{[26-](#page-12-1)[28](#page-12-2)} have shown that a continuum exists between σ -hydrosilane complexes involving minimal π -backdonation, and classical silyl hydride complexes. This continuum follows the oxidative addition/reductive elimination reaction coordinate, with progressively weakening Si–H interactions indicative of a greater de-

gree of oxidative addition. In this work we use the term "nonclassical" to refer to complexes in the central region of this continuum, where the extent of oxidative addition is significant but incomplete. Such nonclassical complexes provide snapshots along the oxidative addition pathway, which is one of the most important classes of organometallic reaction.

Analyses of nonclassical hydrosilane complexes have naturally focused on the strength of the Si–H interaction, from which the degree of oxidative addition can be inferred. These strengths have often been determined computation-ally, ^{[13,](#page-12-3)[16,](#page-12-4)[17,](#page-12-5)[21,](#page-12-6)[26,](#page-12-1)[28-](#page-12-2)[30](#page-12-7)} while experimental studies have primarily involved solid-state structural determination of the Si–H distance. However, care must be taken when discussing Si–H distances determined by X-ray crystallography, due to difficulties associated with accurately locating hydrogen atoms from the difference map. More importantly, it has been observed that significant changes in the degree of oxidative addition (based on $J_{\text{Si,H}}$) coupling constants; *vide infra*) may only yield very small changes in the Si–H distance, and Si–H distances below the sum of the van der Waals radii may be steric in origin, so do not necessarily imply Si–H bonding[.](#page-11-8) ⁸ Furthermore, there is no intuitive boundary to define nonclassical hydrosilane complexes with respect to either σ -hydrosilane or classical silyl hydride complexes, and different Si–H distance ranges have been suggested to correspond to these intermediate complexes. The lower end of this range is often considered to be 1.8 Å, while distances of 2.1 and 2.4 Å ha[v](#page-11-8)e been proposed by Nikonov⁸ and Sabo-Eti[e](#page-11-7)nne⁹ respectively to correspond to the upper limit.

Figure 1. Top: From left to right, structures of σ -hydrosilane, nonclassical hydrosilane, and classical silyl hydride complexes. Bottom: Classical Dewar-Chatt-Duncanson model of σ donation and $π$ backdonation from/to a hydrosilane ligand.

Spectroscopically, 1 H and 29 Si NMR chemical shifts are not especially useful to evaluate the extent of hydrosilane oxidative addition, given that similar ranges of values are observed for σ hydrosilane, classical silyl hydride, and nonclassical hydrosilane complexe[s.](#page-11-7)⁹ By contrast, ²⁹Si-¹H NMR coupling constants $(J_{Si,H})$ can be used as a sensitive tool to measure the nature of interligand Si-H interactions.^{[31](#page-12-8)} However, it is important to recognize that 1-bond Si–H coupling has a negative sign, whereas 2-bond Si-H coupling has a positive sign, so $J_{\text{Si,H}}$ passes through zero on the continuum from a σ -hydrosilane to a classical silyl hydride complex, and proper placement of a complex along this continuum requires knowledge both of the magnitude and sign of $J_{\text{Si},\text{H}}$ ^{[27,](#page-12-9)[28,](#page-12-2)[30,](#page-12-7)[32](#page-12-10)}

The magnitude of $J_{\text{Si,H}}$ can typically be obtained via 1D ¹H or 29 Si NMR spectroscopy, but measurement of the sign is more difficult. One method used in the literature is spin tickling, 30 but individual multiplet signals must be well-resolved, and its anal-ysis is not conceptually straightforward.^{[33](#page-12-11)} Recently, Scherer reported an alternative spectroscopic method for determining the sign (and magnitude) of $J_{\text{Si,H}}$ in silyl hydride/hydrosilane complexes where the silicon center also features a terminal Si–H bond. This method relies upon $2D¹H⁻¹H COSY data, using the$ negative coupling constants of the terminal Si-H bond^{[34](#page-12-12)} as an internal reference to definitely determine the sign of $J_{\text{Si,H}}$ from the orientation of ²⁹Si satellites associated with a cross-peak of interest (*vide infra*).^{[27,](#page-12-9)[28](#page-12-2)} While there is still some debate, $J_{Si,H}$ values ranging from 0 to -70 Hz are commonly considered to indicate activated Si–H bonds in nonclassical silyl hydride complexes, where ${}^{1}J_{Si,H}$ coupling (transmitted via the molecular orbital involved in σ -donation), dominates over ${}^{2}J_{\text{Si,H}}$ coupling (associated with π -backdonation). Values more negative than – 70 Hz are indicative of σ -hydrosilane complexes with limited π -backdonation, and positive values are indicative of silyl hydride complexes with very weak or non-existent Si–H interactions). $1,28,30$ $1,28,30$ $1,28,30$

A range of transition metal complexes have also been isolated containing a silyl group accompanied by more than one hydride ligand. The generic term 'silyl dihydride' is frequently used to describe complexes with one SiR_3 and two hydride moieties interacting with a metal center, regardless of the extent of any interligand Si–H interaction(s). Within this class of complexes, a variety of examples have been observed where a single silyl ligand simultaneously interacts with multiple hydride ligands.[16,](#page-12-4)[35,](#page-12-13)[36](#page-12-14) In 1989, Crabtree *et al.* first proposed such a complex as a potential intermediate in the dynamic exchange be-

tween the terminal metal hydride and bridging hydrosilyl environments in $[(Ph_3P)_2IrH_2(\eta^2-HSiEt_3)]^{+.37}$ $[(Ph_3P)_2IrH_2(\eta^2-HSiEt_3)]^{+.37}$ $[(Ph_3P)_2IrH_2(\eta^2-HSiEt_3)]^{+.37}$ Then, in 1990, the same group reported the first examples of transition metal (Re) complexes featuring multiple (four or two) hydride ligands interacting with a single silyl ligand (Figure 2, a and b), though the hydride atoms were not crystallographically located. [38](#page-12-16) Five years later, Klabunde and Radonovich *et al.* reported X-ray crystal structures for a pair of chromium disilyl dihydride complexes with short distances between one of the silyl ligands and two neighboring hydride ligands (1.75(7) and 1.60(6) Å for one, 1.66(4) and 1.87(4) Å for the other; c in Figure 2), though the authors stopped short of stating that two Si–H interactions were present due to significant errors in the bond distances and potential involvement of the second silyl ligand in the bonding scheme. [39](#page-13-0) Then, in 1999, Sabo-Etienne *et al.* reported a Ru complex featuring a silyl ligand with two adjacent hydride co-ligands (d in Figure 2), with short Si–H distances of 1.72(3) and 1.83(3) Å determined by X-ray diffraction. [40](#page-13-1) Over the past two decades, approximately a dozen crystallographically characterized monometallic transition metal silyl dihydride complexes have been reported to feature interactions between a silyl ligand and two hydride ligands, and are often referred to as silicate $(H₂SiR₃⁻)$ complexes.^{[15,](#page-12-17)[18,](#page-12-18)[19,](#page-12-19)[22,](#page-12-20)[39-45](#page-13-0)} These complexes highlight the potential for silicon hypervalency in transition metal complexes, and are of interest as models in the heterolytic splitting of hydrosilanes on metal centers[.](#page-11-4)⁷

Figure 2. Early examples of complexes reported to involve multi-ple Si-H interactions to the same silicon center.^{[38-](#page-12-16)[40](#page-13-1)}

Herein we discuss the synthesis and characterization of the silyl dihydride complexes $[(dmpe)_2MnH_2(SiHR_2)]$ ${R = Ph(3a), R =}$ Et (3b)} and $[(dmpe)_{2}MnH_{2}(SiH_{2}R)]$ {R = Ph (4a), R = ^{n}Bu (**4b**)}, with an examination of the nature of Si–H interactions in different geometric isomers via NMR spectroscopy (including determination of the sign and magnitude of $J_{\text{Si,H}}$) combined with X-ray diffraction and DFT calculations.

RESULTS AND DISCUSSION

Previously, our group communicated the synthesis of the silyl dihydride complexes $[(dmpe)_{2}MnH_{2}(SiHR_{2})]$ (3a: R = Ph, 3b: $R = Et$) via reactions of the silylene hydride complexes $[(dmpe)_2MnH(=SiR_2)]$ (1a: R = Ph, 1b: R = Et) with H₂ (Scheme 1).^{[46](#page-13-2)} In this work, reactions of $[(dmpe)_2MnH(SiH_2R)_2]$ $(2a: R = Ph, 2b: R = {}^{n}Bu)^{47}$ $(2a: R = Ph, 2b: R = {}^{n}Bu)^{47}$ $(2a: R = Ph, 2b: R = {}^{n}Bu)^{47}$ with H₂ yielded $[(dmpe)₂MnH₂(SiH₂R)]$ (4a: R = Ph, 4b: R = ^{*n*}Bu) (Scheme 1), affording a family of silyl dihydride complexes (**3a-b** and **4-b**) differing in the number and nature of the hydrocarbyl substituents on silicon. Both of these reactions presumably proceed via a low-coordinate silyl intermediate " $(dmpe)_{2}Mn(SiH_{3-x}R_{x})"$, generated either by 1,1-insertion from silylene hydride complexes **1a-b**, or hydrosilane reductive elimination from disilyl hydride complexes **2a-b**. Thermal decomposition of **2a-b** (12h

at 90 °C) also yielded **4a-b** as the dominant manganese complexes in solution, accompanied by R_2SiH_2 ($R = Ph$ or *n*Bu) and other unidentified products, although the mechanism for this reaction is unknown.

Scheme 1. Syntheses of $[(dmpe)_2MnH_2(SiHR_2)]$ ${R = Ph(3a)}$, $R = Et (3b)$ } and $[(dmpe)_2MnH_2(SiH_2R)]$ $\{R = Ph (4a), R = {}^nBu\}$ (**4b**)}.

1D NMR Characterization: Room temperature solution NMR spectra $(^{1}H, ^{13}C,$ and $^{31}P)^{48}$ $^{31}P)^{48}$ $^{31}P)^{48}$ of **3a-b**^{[46](#page-13-2)} and **4a-b** display very broad signals indicative of multiple isomers in rapid equilibrium. However, upon cooling, NMR spectra corresponding to both a low symmetry (apparent C_2 symmetry) and a high symmetry (apparent C_{2v} symmetry) isomer were observed (shown for **4a-b** in Figure 3).

NMR spectra for the low symmetry isomer of $3a-b^{46}$ $3a-b^{46}$ $3a-b^{46}$ and $4a-b^{46}$ **b** feature one low frequency MnH¹H NMR resonance at -12.5 to –12.8 ppm, integrating to two protons, one (**3a-b**) or two (**4ab**) terminal Si*H* resonance(s) (6.0-6.6 ppm for **3a** and **4a**; 5.0- 5.4 ppm for **3b** and **4b**), two ³¹P NMR resonances (71.0-75.2 ppm), and a single ²⁹Si resonance (10.0 ppm for **3a**, 14.2 ppm for **3b**, –15.7 ppm for **4a**, and –22.0 ppm for **4b**). The two relatively broad ^{31}P NMR signals, and the complex ^{31}P coupling pattern of the Mn*H* signals, are indicative of a disphenoidal arrangement of the phosphorus donors. These data are consistent with a *central* isomer (Scheme 2) featuring a meridional H–Si– H bonding motif involving the silyl and metal hydride ligands (as opposed to a *lateral* isomer with an H–H–Si bonding motif; *vide infra*).

In contrast, low temperature NMR spectra for the high symmetry isomer of **3a-b** [46](#page-13-2) and **4a-b** consist of *two* low frequency MnH ¹H NMR resonances located between -10.9 to -14.4 ppm (1H each), a single terminal Si*H* ¹H NMR resonance {4.7- 6.2 ppm; integrating to 1H ($3a-b$) or 2H ($4a-b$)}, and single ³¹P NMR (77.5-78.5 ppm) and ²⁹Si NMR (23.8 ppm for **3b**; –1.6 ppm for **4a**; –6.9 ppm for **4b**; not located for **3a** due to the low concentration of this isomer) resonances. The single sharp ${}^{31}P$ NMR signal and pentet coupling pattern of the higher frequency MnH signal in this isomer of **3a-b** and $4a-b$ ($^2J_{H,P} = 52-56$ Hz) are indicative of two equivalent dmpe ligands lying in a plane with a hydride ligand in an apical site.^{[49](#page-13-5)} By contrast, the ${}^{2}J_{\rm{P,H}}$ coupling constants for the lower frequency Mn*H* signal in the same isomer of **3b** and **4a-b** are significantly smaller (22-23 Hz; the analogous signal in **3a** was a multiplet from which ${}^{2}J_{P,H}$

could not be determined), consistent with literature examples of $^{2}J_{\rm{P,H}}$ for the proton involved in η^2 -(H–SiR₃) coordination in nonclassical hydrosilane complexes. [50](#page-13-6) These data are consistent with a *transHSi* isomer (Scheme 2) featuring *trans*-disposed hydride and nonclassical hydrosilane ligands (as opposed to a *transH²* isomer with *trans* disposed silyl and dihydrogen ligands; *vide infra*), with rapid rotation of the hydrosilane ligand about the Mn–(hydrosilane centroid) axis.

Scheme 2. Isomers of $[(dmpe)_{2}MnH_{2}(SiHR_{2})]$ ${R = Ph(3a), R}$ $=$ Et (3b)} and $[(dmpe)_{2}MnH_{2}(SiH_{2}R)]$ {R = Ph (4a), R = *n*Bu (**4b**)} observed in solution.

The *central*:*transHSi* ratios observed by NMR spectroscopy are 87:13 for **3a** (271 K), 75:25 for **3b** (229 K), 62:38 for **4a** (186 K), and 27:73 for **4b** (205 K). To our knowledge, this is only the second report of an equilibrium between two silyl dihydride isomers which differ in whether the silyl group interacts with one or both hydride co-ligands; in 2006 Sakaba reported a pair of isostructural tungsten silyl dihydride complexes, $[({\rm CO})_2{\rm Cp*WH_2(SiHRPh)}]$ (R = H, Ph), existing in solution as an equilibrium between two isomers; one complex crystallized as an isomer with two close Si–H interactions (1.91(3) and $2.00(4)$ Å), while the other crystallized as an isomer with a single close Si–H interaction $(2.02(4)$ Å).^{[51](#page-13-7)}

Interconversion between the *central* and *transHSi* isomers of **3a-b** and **4a-b** could hypothetically involve initial HSiR₃ or H₂ dissociation. However, the terminal Si*H* environment(s) and the metal hydride environments do not undergo facile exchange at room temperature; upon selective deuteration of the metal hydride environment in **3b**, **4a**, and **4b**, no deuterium incorporation into the terminal Si*H* environment was observed after 12 hours in solution. [52](#page-13-8) This indicates that isomerization (which is rapid at room temperature for both **3a-b** and **4a-b**), does not involve hydrosilane dissociation to form 5-coordinate "(dmpe)₂MnH" as an intermediate. Likewise, addition of D_2 to **4a** did not result in any observable deuteration of the complex after 72h in solution at room temperature, suggesting that H_2 dissociation to form a 5-coordinate " $(dmpe)_2Mn(SiR_3)$ " intermediate does not play a significant role in isomerization. However, after heating a solution of $[(dmpe)_2MnD_2(SiH₂ⁿBu)]$ (4a) for three days at 70-80 °C, the Mn*H* and terminal Si*H* signals both achieved 50% deuterium incorporation, suggesting that hydrosilane elimination may be possible at elevated temperatures. Furthermore, hydrosilane exchange reactions were found to occur in the presence of excess free silane, including very slow reactions at room temperature. For example, $[(dmpe)₂MnH₂(SiHPh₂)]$ (3a) reacted with ~6 equiv. of PhSiH₃ to generate [(dmpe)2MnH2(SiH2Ph)] (**4a**); after three days at room temperature this reaction had proceeded to a 2:1 mixture of **3a**:**4a**, whereas heating overnight at 90 °C afforded complete conversion to $4a$, with no remaining $3a$ observed by ¹H NMR spectroscopy.^{[53](#page-13-9)}

Figure 3. Selected regions of the room temperature and low temperature NMR spectra for (top) [(dmpe)2MnH2(SiH2Ph)] (**4a**) and (bottom) $\left[\frac{\text{(dmpe)}2\text{MnHz}}{\text{SiHz}}\right]$ (4b) showing, from left to right, the silicon hydride and metal hydride regions of the ¹H NMR spectra, the ³¹P{¹H} NMR spectra, and ²⁹Si{¹H} NMR spectra. Signals in the low temperature spectra are assigned to low symmetry (†; *central*) and high symmetry (*; *transHSi*) isomers.

X-ray Crystal Structures: X-ray quality crystals of **3a**[46](#page-13-2) and **4a** (Figure 4; Table 1) were obtained from toluene (**3a**) or hexanes (**4a**) at –30 °C, and in both cases the *central* isomer (the low symmetry isomer observed in solution) was obtained. The geometry at manganese can be described as capped octahedral, with the four phosphorus donors and two *cis*-hydride ligands at the points of a distorted octahedron, and the silyl ligand positioned close to the H–H edge; nearly equidistant from the two hydride ligands, but with a 30.4-37.6° angle between the $H(1A)$ –Si–H(1B) and $H(1A)$ –Mn–H(1B) planes. The Si– H(1A) and Si–H(1B) distances of 1.75(4)-1.79(2) Å in **3a** and 1.77(4)-1.82(3) Å in **4a** are suggestive of significant H–Si interactions, consistent with an η^3 -coordinated silicate (H₂SiR₃⁻) ligand. Crystallographically well-characterized monometallic examples of *central* η³-H₂SiR₃ ligand systems have been re-ported for Fe,^{[18](#page-12-18)} Co,^{[41](#page-13-10)} Mo,^{[44](#page-13-11)} Rh,^{[43](#page-13-12)} and Ru,^{[15,](#page-12-17)[19,](#page-12-19)[22,](#page-12-20)[40,](#page-13-1)[42,](#page-13-13)[45](#page-13-14)} and exhibit Si–H distances ranging from 1.69(3) to 2.15 Å, encompassing the values observed in **3a** and **4a**. As in these literature examples, the substituents on silicon in **3a** and **4a** form a distorted square pyramid with both μ -H atoms in the square plane.

By contrast, crystallization of **4b** from hexanes at –30 °C afforded a structure (a in Figure 5) consistent with the *transHSi* isomer (the high symmetry isomer observed in solution). The geometry at manganese can be described as octahedral, with a hydride ligand coordinated *trans* to a hydrosilane ligand. Unfortunately, four-fold disorder of the silicon moiety prevented location of the three hydrogen atoms bound to Si (two terminal on Si and one bridging between Si and Mn) from the

Figure 4. X-ray crystal structures of (a) the *central* isomer of [(dmpe)2MnH2(SiHPh2)] (*central***-3a**), [46](#page-13-2) and (b) the *central* isomer of [(dmpe)2MnH2(SiH2Ph)] (*central***-4a**). Ellipsoids are drawn at 50% probability. Hydrogen atoms on Mn and Si were located from the difference map and refined isotropically. All other hydrogen atoms have been omitted for clarity. Bond distances (Å) and angles (deg) for *central***-4a**: Mn(1)–Si(1) 2.3148(8), Mn(1)–H(1A) 1.49(3), Mn(1)–H(1B) 1.54(3), Si(1)–H(1A) 1.82(3), Si(1)–H(1B) 1.77(4), Si(1)–H(1C) 1.44(3), Si(1)–H(1D) 1.48(3), Mn(1)–Si(1)– C(1) 120.48(9), H(1A)–Mn(1)–Si(1) 52(1), H(1B)–Mn(1)–Si(1) 50(1), H(1A)–Mn(1)–H(1B) 97(2).

difference map. However, DFT calculations on a model of *transHSi***-4b** where the "Bu group has been replaced by an Et group (*transHSi***-4b***) afforded a structure with very similar placement of the terminal manganese hydride ligand and the heavy atoms around Mn and Si (b in Figure 5): the calculated Mn–Si distance is 2.36 Å (cf. 2.388(3) Å in the X-ray structure), and the Mn–Si–C(1) and Si–Mn–H(1) angles are 121.8° and

162.3° (cf. 121.8(3)° and 163.0(6)°, respectively, in the X-ray structure).[54](#page-13-15) The calculated structure of *transHSi***-4b*** also features two terminal Si–H bonds (Si–H = 1.52 Å) accompanied by one hydrogen atom (H_{MnSi}) bridging between Mn and Si, with bond lengths and angles $(Si-H_{MnSi} = 1.79 \text{ Å};$ Mn– $H_{MnSi} = 1.56$ Å; Mn– H_{MnSi} – $Si = 49.2^{\circ}$) suggestive of a nonclassical hydrosilane ligand; the result of incomplete hydrosilane oxidative addition. Other crystallographically characterized monometallic complexes featuring a nonclassical η^2 -(Si–H)-coordinated hydrosilane ligand accompanied by at least one non-interacting metal hydride ligand have been reported for Fe,^{[55](#page-13-16)} Nb,^{[13](#page-12-3)} Mo,^{[44](#page-13-11)} W,^{[56](#page-13-17)} and Ru.^{[14,](#page-12-21)[15,](#page-12-17)[20,](#page-12-0)[23,](#page-12-22)[24,5](#page-12-23)[7,58](#page-13-18)}

Figure 5. a) X-ray crystal structure of the *transHSi* isomer of [(dmpe)₂MnH₂(SiH₂ⁿBu)] (*transHSi*-4b) with ellipsoids drawn at 50% probability. The terminal metal hydride atom was located from the difference map and refined isotropically. All other hydrogen atoms have been omitted for clarity. The Si atom is disordered over 4 positions (2 sets of 2 related by symmetry), the butyl group is disordered over 2 positions (related by symmetry), and the dmpe ligands are disordered over 8 positions (4 sets of 2 related by symmetry). Only one conformation is shown for clarity, with occupancies of 36.8(3)% and 16.0(1)% for silicon and the dmpe ligands, respectively. Bond distances (\hat{A}) and angles (deg), where $Si(1A)$ is the Si position that is not shown in the depicted conformation: $Mn(1) - Si(1)$ 2.388(3), $Mn(1) - Si(1A)$ 2.386(3), $Mn(1) - H(1)$ 1.75(5), Mn(1)–Si(1)–C(1) 121.8(3), Mn(1)–Si(1A)–C(1) 127.8, H(1)–Mn(1)–Si(1) 163.0(7), H(1)–Mn(1)–Si(1A) 158(1). b) Overlay of the X-ray crystal structure (blue) of [(dmpe)₂MnH₂(SiH₂^{*n*}Bu)] (*transHSi*-4b) and DFT calculated structure (red) of [(dmpe)2MnH2(SiH2Et)] (*transHSi***-4b***), with selected H atoms in the calculated structure depicted as spheres. Methyl groups on the dmpe ligands, and most hydrogen atoms, have been omitted for clarity.

DFT Calculations: To investigate the nature of Si–H 'interligand' interactions in the *central* and *transHSi* isomers of **3a-b** and **4a-b**, and the thermodynamic stability of alternative isomers (*transH2*, *lateralH2*, and *lateralHSi*; Figure 6), we turned to DFT calculations {ADF, gas-phase, all-electron, PBE, D3- BJ, TZ2P, ZORA; **4b** was modelled as $[(dmpe)_2MnH_2(SiH_2Et)]$ (**4b***), with an ethyl group in place of the *ⁿ*Bu group}. These calculations yielded energy minima (see Figure 7) corresponding to four sets of isomers; the two experimentally observed isomers (*central* and *transHSi*, with good agreement in the relevant bond lengths and angles; Table 1) and two higher energy isomers: *transH²* and *lateralH²* (Figure 6, Table 1, and for **3b**, Figure 8). However, in no case was an energy minimum located for a *lateralHSi* isomer (Figure 6).

As in the X-ray structures of **3a** and **4a**, the *central* isomers have an octahedral arrangement of the phosphorous and H_{MnSi} atoms, with silicon located approximately between the two bridging H_{MnSi} atoms (the angle between the $H_{MnSi1}/Mn/H_{MnSi2}$ and $H_{MnSi1}/Si/H_{MnSi2}$ planes ranges from 17 to 36°). The *transHSi* isomers feature an approximately octahedral arrangement of the phosphorous donors, H_{Mn} , and an η^2 -nonclassical hydrosilane ligand, with H_{Mn} approximately *trans* to the centroid of the Si-H_{MnSi} bond, and the four phosphorous donors distorted away from the nonclassical hydrosilane unit. Similarly, the *transH²* isomer is octahedral with *trans*-disposed dihydrogen and silyl ligands. By contrast, the *lateralH²* isomer features *cis*-disposed H_2 and silyl ligands, with Mn, Si, and both H atoms of the dihydrogen ligand located nearly in a plane. The geometry at manganese is approximately octahedral, although the dihydrogen ligand is displaced in the direction of the neighboring silyl ligand (centroid $_{H2}$ –Mn–Si = 79-82°). In all four calculated isomers of **3a-b**, **4a**, and **4b***, the Mn–Si–C angles lie between 114 and 126 $^{\circ}$, while the Mn–Si–H_{Si} angles range from 111 to 118°.

Figure 6. Structures of experimentally unobserved *transH2*, *lateralH2*, and *lateralHSi* isomers of [(dmpe)2MnH2(SiHRR')] (**3a**: R $= R' = Ph; 3b: R = R' = Et; 4a: R = H, R' = Ph; 4b*: R = H, R' = H$ Et). Of these, energy minima were only located for the *transH²* and *lateralH₂* isomers by DFT calculations. For structures of the experimentally observed *central* and *transHSi* isomers (for which energy minima were also located via DFT), see Scheme 2.

Figure 7. Relative total bonding energies (kJ mol⁻¹) of the *central*, *transHSi*, *transH2*, and *lateralH2* isomers of $[(dmpe)_{2}MnH_{2}(SiHPh_{2})]$ (3a; blue \bullet), $[(dmpe)_{2}MnH_{2}(SiHEt_{2})]$ $(3b;$ red \blacksquare), $[(dmpe)_{2}MnH_{2}(SiH_{2}Ph)]$ $(4a;$ green \blacktriangle), and $[(dmpe)₂MnH₂(SiH₂Et)]$ (4b^{*}; purple \bullet).

For all complexes (**3a-b**, **4a** and **4b***), the *central* and *transHSi* isomers are within 4 kJ mol⁻¹ of each other (Figure 7), consistent with their observation by solution NMR spectroscopy (*vide supra*). In contrast, the two higher energy isomers (*transH*₂ and *lateralH*₂) are 8-44 kJ mol⁻¹ higher in energy than the most stable experimentally observed isomer, with a larger energy difference in the case of more sterically hindered **3a** and **3b** (Figure 7). These isomers likely exist in

Table 1. Selected angles (deg) and distances (Å) (and Mayer bond orders) for *central*, *transHSi*, *transH2*, and *lateralH²* isomers from calculated {or X-ray} structures of **3a-b**, **4a-b**, and **4b***. Atom labels correspond to those for **3b** in Figure 8.

equilibrium with the experimentally observed isomers, but in concentrations too low for NMR spectroscopic observation. In fact, a *transH²* or *lateralH2* isomer is presumably formed initially in the synthesis of **3a-b** and **4a-b** via the reactions of H₂ with silylene hydride complexes **1a-b** or disilyl hydride complexes **2a-b** (*vide supra*).

Both experimentally observed isomers (*central* and *transHSi*) feature nonclassical bonding situations. This is apparent from Mayer bond orders of 0.25-0.34 between silicon and the bridging hydride ligands (Si-H_{MnSi}), as well as Mn-Si Mayer bond orders ranging from 0.63 to 0.81 (cf. 0.89 to 0.96 for the *transH²* and *lateralH²* isomers, which feature silyl ligands without strong interactions to neighboring hydride ligands; *vide infra*).

The *transHSi* isomers can simply be described as nonclassical hydrosilane complexes; structures intermediate between σ -hydrosilane and classical silyl hydride extremes, as a consequence of substantial but incomplete Si–H bond oxidative addition. By contrast, the similar $Si-H_{MnSi}$ and $Mn-H_{MnSi}$ Mayer bond orders involving both H_{MnSi} atoms in the *central* isomers are indicative of a nonclassical η^3 -H₂SiHRR' (silicate) anion.^{[59](#page-13-19)}

In contrast to the nonclassical *central* and *transHSi* isomers, the *transH*₂ and *lateralH*₂ isomers can be described as silyl η^2 -H² complexes. These isomers feature significant H–H interactions, reflected by H–H distances of 0.96-1.01 Å (relative to 0.75 Å for free H₂), Mayer H–H bond orders of 0.38-0.44, and acute H–Mn–H angles of 35.3-37.2° (Table 1). Nevertheless, the *lateralH²* isomer of **3a-b**, **4a**, and **4b*** features small but non-negligible Si-H_{Mn1} Mayer bond orders (0.12-0.14), a Mn-H_{Mn1} Mayer bond order which is 0.09-0.14 lower than that of $Mn-H_{Mn2}$, as well as acute (79-82 $^{\circ}$) angles between the centroid of the H² ligand, Mn and Si (Table 1). These features suggest a minor degree of bonding between Si and H_{Mn1} , and the lower extent of Si-H_{Mn1} bonding in the *lateralH*₂ versus the *central* or *transHSi* isomers is also reflected in Si-Mn-H_{Mn1} angles of 60.6-63.5° in the former, which are much more obtuse than the corresponding Si–Mn–H angles in the latter (*central*; 51.8- 53.5°, *transHSi*; 47.1-50.8°).

Figure 8. Geometry optimized structures of the isomers of [(dmpe)₂MnH₂(SiHEt₂)] (3b) determined by DFT calculations. Spheres represent Mn (red), Si (pink), P (orange), and H (white), whereas carbon atoms are represented by grey vertices. *P*-methyl groups and most H atoms have been omitted for clarity.

The lack of substantial interligand Si–H interactions in the *lat-* $\text{er}alH_2$ isomers lies in contrast to the literature on transition metal complexes with a meridional Si–H–H arrangement of $SiR₃$ and H moieties, which suggests that complexes featuring a hydrosilane and a hydride ligand (i.e. the proposed *lateralHSi* isomer in Figure 6) should typically be favored relative to a silyl dihydrogen complex (i.e. the *lateralH*₂ isomer).^{[13,](#page-12-3)[20,](#page-12-0)[24](#page-12-23)} Such a preference has been rationalized^{[60](#page-13-20)} based primarily on H–H and

Si-H bond strengths.^{[61](#page-13-21)} In this work, the expected trend is reflected in the experimental observation of the *transHSi* isomer of **3a-b** and **4a-b** but not the *transH*₂ isomer.

Our inability to locate an energy minimum for a *lateralHSi* isomer (*vide supra*) was surprising, and prompted us to investigate sterically less encumbered PH³ analogues of **3a-b** and **4ab**; ($[(PH_3)_4MnH_2(SiHRR')]:$ **3a**^{PH3}; $R = R' = Ph$, **3b**^{PH3}; $R = R'$ $=$ Et, $4a^{PH3}$; R = H, R' = Ph, and $4b^{PH3}$; R = H, R' = Et). These calculations afforded energy minima corresponding to the four previously calculated isomers (*central*, *transHSi*, *transH2*, and *lateralHSi*), as well as a *lateralHSi* isomer (relative energies are plotted in Figure 9). In all cases these *lateralHSi* isomers were lower in energy than the *lateralH*₂ isomers, and feature a significant Si–H_{Mn1} interaction (Si–H_{Mn1} dist. 1.88-1.93 Å, Mayer bond order 0.25-0.32, Si-Mn-H_{Mn1} angle 51.3-54.0°) and minimal $H_{Mn1}-H_{Mn2}$ interactions (H-H dist. 1.57-1.63 Å, Mayer bond order 0.05-0.08, H_{Mn1} -Mn- H_{Mn2} angle 60.7-63.4°), consistent with *cis*-disposed hydride and nonclassical hydrosilane ligands. Computational observation of the *lateralHSi* isomers for the PH₃ analogues, but not the dmpe complexes, suggests that the *lateralHSi* isomers are sterically disfavored in the dmpe complexes.^{[62](#page-13-22)}

Figure 9. Relative total bonding energies (kJ mol⁻¹) of the *central*, *transHSi*, *transH2*, *lateralH2*, and *lateralHSi* isomers of silyl dihydride complexes where the two dmpe ligands have been replaced with four PH3 ligands; [(PH3)4MnH2(SiHPh2)] (**3aPH3**; blue ♦), $[(PH_3)_4MnH_2(SiHEt_2)]$ (3b^{PH3}; red \blacksquare), $[(PH_3)_4MnH_2(SiH_2Ph)]$ $(4a^{PH3})$; green \triangle), and $[(PH_3)_4MnH_2(SiH_2Et)]$ $(4b^{PH3})$; purple \bullet).

Determination of Sign and Magnitude of $J_{\text{Si,H}}$ **: As noted pre**viously, the ²⁹Si-¹H coupling constant $(J_{Si,H})$ can provide a sensitive experimental measure of where a structure lies along the continuum from a σ -hydrosilane complex to a classical silyl hydride complex. However, this requires knowledge of both the magnitude and sign of $J_{Si,H}$ (*vide supra*).

Scherer has used standard $2D¹H⁻¹H COSY NMR spectros$ copy to unambiguously determine the sign of $J_{\text{Si,H}}$ in transition metal silyl hydride/hydrosilane complexes; specifically, those where silicon bears at least one terminal hydrogen substituent.[27,](#page-12-9)[28](#page-12-2) This method takes advantage of passive coupling; coupling which is not directly responsible for the formation of a particular cross-peak.[63](#page-13-23) For example, in an AMX spin system (A and M are proton environments, and X is a spin $\frac{1}{2}$ nucleus) where active A–M coupling gives rise to a ${}^{1}H-{}^{1}H$ COSY crosspeak, passive A–X and M–X coupling results in additional splitting of the cross-peak into a doublet where a diagonal line can be drawn between the two peaks which compose the doublet; the slope of which can be used to determine the relative sign of the two passive coupling constants $(J_{XA}$ and J_{XM}).^{[63](#page-13-23)}

In Scherer's experiment, this involves measurement of the vector between ²⁹Si satellites of a ${}^{1}H-{}^{1}H$ COSY cross-peak between a terminal SiH signal (H_{Si}) and a metal-coordinated hydride signal (H_M) .^{[27,](#page-12-9)[28](#page-12-2)} If the slope of this vector is positive, then the two passive $J_{\text{Si,H}}$ couplings $(J_{\text{Si,H}}$ to H_M , the sign of which is $unknown$, and ${}^{1}J_{Si,H}$ to H_{Si} , *which is known to be*

Figure 10. Comparisons of ¹H–¹H COSY spectra (500 MHz, d₈-toluene) of [(dmpe)₂MnH₂(SiHEt₂)] (3b) at 229 K showing cross-peaks (with ²⁹Si satellites) used to measure the sign and magnitude of $J_{Si,H}$ via coupling between (top row) *central* isomer H_{Si} and H_{MnSi} environments, (middle row) *transHSi* isomer H_{Si} and H_{MnSi} environments, and (bottom row) *transHSi* isomer H_{MnSi} and H_{Mn} environments. From left to right within a row, the same spectral regions are shown with equivalent acquisition parameters (e.g. ns, td1eff: Table S1) in the standard ¹H–¹H dqf COSY spectrum (black), the ¹H–¹H{³¹P} dqf COSY spectrum (red), and the ²⁹Si_edited ¹H–¹H COSY spectrum (blue). Peak labels match those in Figure 8. In the structures to the left of each row, the blue arrow indicates the two ¹H environments whose active coupling gives rise to the cross-peak shown, the red arrow indicates the passive ¹H⁻²⁹Si coupling used as an internal reference in the measurement, and the green arrow indicates the passive ¹H⁻²⁹Si coupling being measured. The lines on the cross-peaks in the ²⁹Si_edited ¹H⁻¹H COSY spectra represent the vector between the ²⁹Si satellites (black line; used to determine relative sign), the magnitude of the coupling used as the internal reference (red line), and the magnitude of $J_{\text{Si,H}}$ for which the sign is being determined (green line).

negative^{[34](#page-12-12)}) have the same sign, so $J_{Si,H}$ to H_M is negative. By contrast, if the slope is negative, the two passive $J_{\text{Si,H}}$ couplings have opposite signs, and $J_{\text{Si,H}}$ to H_M is positive; $^1J_{\text{Si,H}}$ coupling to the terminal SiH proton (H_{Si}) therefore serves as an internal reference.^{[27,](#page-12-9)[28](#page-12-2)} The magnitudes of the two passive $J_{\text{Si,H}}$ couplings can also be measured directly from the 2D¹H-¹H COSY NMR spectrum, since the horizontal and vertical distances between the ²⁹Si satellites provide the magnitudes of $J_{\text{Si,H}}$ to H_M and H_{Si} .

However, for **3a-b** and **4a-b**, we had difficulty obtaining standard ${}^{1}H-{}^{1}H$ dqf COSY NMR spectra with well-defined ${}^{29}Si$ satellites (Figure 10); in some cases the signal could not be detected from the noise, while in others the signals were too broad for accurate measurement, or could not be resolved from the parent cross-peak. In an effort to more clearly resolve the ²⁹Si satellites of the COSY NMR cross-peaks, two modifications of a standard 2D COSY experiment were investigated. One modification involved applying broadband $31P$ decoupling during FID acquisition of a dqf $\cos Y$ ¹H–¹H NMR experiment (a 2D ${}^{1}H-{}^{1}H\{{}^{31}P\}$ dqf COSY NMR experiment), as a means to increase the signal/noise and improve resolution of the cross-

peaks by concentrating the signal (which is spread into a multiplet by coupling to four ${}^{31}P$ atoms) over a smaller area. The second modification was 29 Si editing to filter out all of the signal which is not interacting with ²⁹Si. This 2D ²⁹Si_edited ¹H⁻¹H COSY NMR experiment eliminates the parent cross-peak (which contains 95% of the intensity), allowing ²⁹Si satellites which overlap with the parent cross-peak to be resolved. Furthermore, it increases the signal-to-noise for the ^{29}Si satellites by removing unnecessary signal, allowing for a much higher receiver gain.

Figure 10 shows a comparison of the cross-peaks required to measure the sign of $J_{Si,H}$ for various protons in $H^{-1}H$ dqf COSY, ${}^{1}H-{}^{1}H{}^{31}P$ dqf COSY, and ${}^{29}Si$ edited ${}^{1}H-{}^{1}H$ COSY NMR spectra for the two experimentally observed isomers of $[(dmpe)₂MnH₂(SiHEt₂)]$ (3b) at 229 K. These experiments used the same NMR sample, the same number of scans, and identical td1eff values (leading to nearly identical experiment times; Table S1), and it can be seen that the ${}^{1}H-{}^{1}H\{{}^{31}P\}$ dqf COSY experiment provided only a marginal improvement in resolution

relative to a standard $^1H^{-1}H$ dqf COSY spectrum; likely because decoupling was only possible in the direct dimension, so the signal remained spread out in the indirect dimension (the yaxis). By contrast, the ^{29}Si -edited $^{1}H-^{1}H$ COSY experiment provided substantially more intense ²⁹Si satellites and allowed for more accurate identification of ^{29}Si satellite peak positions, as well as observation of satellites buried under the parent crosspeak in the standard ¹H⁻¹H dqf COSY spectrum. Therefore, all further discussion focuses on the results of ^{29}Si edited ^{1}H - ^{1}H COSY experiments.

The top row of Figure 10 shows the cross-peak, in *central***-3b**, between the terminal SiH proton (H_{Si}) and the hydride ligands bridging between Si and Mn $(2 \times H_{MnSi};$ equivalent on the NMR timescale). The middle row of Figure 10 shows the crosspeak, in *transHSi***-3b**, between the terminal SiH proton (H_{Si}) and the single hydride bridging between Si and Mn (H_{MnSi}) . The positive slope of the line between the ²⁹Si satellites on both of these cross-peaks is indicative of negative $J_{\text{Si,H}}$ values for the H_{MnSi} protons in *central-3b* and *transHSi-3b* (-47 and -54 Hz, respectively). By contrast, the bottom row of Figure 10 shows the cross-peak between H_{MnSi} and the terminal hydride ligand, H_{Mn}, in *transHSi***-3b**. In this case, because $J_{Si,H}$ has been determined to be negative for H_{MnSi} in *transHSi*-3b (vide su*pra*), the negative slope of the line between the ²⁹Si satellites indicates that $J_{\text{Si,H}}$ for H_{Mn} in *transHSi***-3b** is positive (5 Hz), as expected for a 2-bond $^{29}Si-^{1}H$ coupling.

Analogous trends were observed for the *central* and *transHSi* isomers of **3a** and **4a-b** (Figures S3-S6 and Table 2). However, we were unable to observe coupling constants from particularly weak cross-peaks, precluding determination of the sign of $J_{\text{Si,H}}$ for H_{MnSi} in the *central* isomers of **3a** and **4b** or for H_{Mn} in the *transHSi* isomer of **3a** (present as a minor isomer; 13%). DFTcalculated coupling constants are also provided in Table 2, and are in good agreement with those determined experimentally.

Table 2. ²⁹Si–H coupling constants $(J_{Si,H})$ measured by ²⁹Si_edited ¹H– ¹H COSY NMR spectroscopy (and calculated by DFT) for complexes **3a-b**, **4a-b**, and **4b*** (Hz).

Complex	Зa	3h	4а	$4h/4h*$
Silyl group	SiHPh ₂	SiHEt ₂	SiH ₂ Ph	SiH ₂ ''Bu ^a
$J_{\text{Si,H}}$ for H_{MnSi} in the <i>central</i> isomer	n.o. ^b $(-45, -$ 49)	-47 $(-35, -$ 45)	$<$ 0 ^c $(-41, -$ 44)	n.o. ^b $(-38, -43)$
$J_{\text{Si,H}}$ for H_{MnSi} in the <i>transHSi</i> isomer	-41 (-38)	-54 (-47)	-38 (-26)	-43 (-33)
$J_{\text{Si-H}}$ for H_{Mn} in the <i>transHSi</i> isomer	n.o. ^b (13)	5 (12)	9 (13)	9 (14)

(a) In the calculated complex, $4b^*$, the silyl group is SiH_2Et . (b) n.o. = not observed. (c) This cross-peak was too broad to accurately measure.

For the *central* isomer of **3b**, the $J_{\text{Si,H}}$ coupling constant for H_{MnSi} is -47 Hz, and the average calculated values for **3a-b** and **4a-b** range from -40 to -47 Hz. Literature values of $J_{Si,H}$ for H_{MnSi} in η^3 -coordinated silicate (H₂SiR₃⁻) complexes typically range in magnitude from 11 to 54 Hz.^{[15,](#page-12-17)[18,](#page-12-18)[19,](#page-12-19)[42,](#page-13-13)[43,](#page-13-12)[45](#page-13-14)} To the best of our knowledge, the sign of $J_{\text{Si,H}}$ has not been experimentally determined for these literature complexes, but calculations have, in at least one case, been performed and indicate a negative sign.^{[18](#page-12-18)} Assuming that all of these $J_{\text{Si,H}}$ values are negative, the $J_{\text{Si,H}}$ coupling constants for H_{MnSi} in **3a-b** and **4a-b** lie towards the more negative end of the reported range, indicative of nonclassical silicate complexes with relatively strong $Si - H_{MnSi}$ interactions.

For the *transHSi* isomer of **3a-b** and **4a-b**, the $J_{\text{Si,H}}$ coupling constants for H_{MnSi} range from -38 to -54 Hz (calcd. -26 to 47 Hz), falling within the region typically associated with nonclassical hydrosilane complexes (0 to –70 Hz; *vide infra*), indicative of partial oxidative addition of the $Si-H_{MnSi}$ bond. Using both experimental and calculated values, two clear trends can be observed in $J_{\text{Si,H}}$ for H_{MnSi} in the *transHSi* isomers; more negative $J_{\text{Si,H}}$ coupling constants were seen for aliphatic versus aromatic analogues, and for disubstituted versus monosubstituted analogues. This trend appears to reflect the trend in bond metrics (*vide supra*), for which stronger Si–H interactions in aliphatic and disubstituted analogues (relative to aromatic and monosubstituted analogues respectively) were calculated. The former can be rationalized based on a larger degree of π backdonation to hydrosilanes with aryl substituents, whereas the latter is presumably steric in origin, with disubstituted hydrosilanes decreasing the extent of Si–H bond oxidative addition.

SUMMARY AND CONCLUSIONS

Silyl dihydride complexes of manganese, **3a-b** and **4a-b**, were synthesized via the reactions of H_2 with silylene hydride (1a-b) and disilyl hydride (**2a-b**) complexes. These reactions suggest that both **1a-b** and **2a-b** exist in equilibrium with a shared low-coordinate silyl species, "(dmpe)2Mn(SiH3-xRx)", accessed via 1,1-insertion from **1a-b**, and hydrosilane reductive elimination from **2ab**.

Complexes **3a-b** and **4a-b** provide an uncommon opportunity to study silyl dihydride complexes differing in the number (1 vs 2) and nature (aromatic vs alkyl) of the hydrocarbyl substituents on silicon. In solution, **3a-b** and **4a-b** exist as an equilibrium mixture of a *central* isomer featuring a meridional H–Si–H arrangement of the silyl and hydride ligands, and a *transHSi* isomer with *trans*-disposed hydrosilane and hydride ligands. These isomers contain a single silicon center involved in either one or two Si–H–Mn bridging interactions, and combined XRD, DFT, and NMR spectroscopic studies indicate that the *central* and *transHSi* isomers can be considered to contain a nonclassical silicate (η^3 -H₂SiR₃) anion, and a nonclassical hydrosilane ligand, respectively. Additionally, DFT calculations indicate the thermodynamic accessibility of *lateralH²* and *transH²* isomers with *cis*- and *trans*-disposed silyl and dihydrogen ligands, respectively (these isomers may be present in solution at concentrations below that detectable by NMR spectroscopy). Furthermore, a *lateralHSi* isomer featuring *cis*-disposed hydride and nonclassical hydrosilane ligands was observed in DFT calculations on sterically-minimized PH³ analogues of **3a-b** and **4a-b**.

Measurement of the sign and magnitude of $J_{\text{Si,H}}$ in the *central* and *lateralHSi* isomers of **3a-b** and **4a-b** was made possible using a modification of Scherer's method, employing 2D ¹H-¹H COSY NMR spectroscopy with ²⁹Si editing to remove all of the signal which is not interacting with ²⁹Si. This ²⁹Si_edited ¹H⁻¹H COSY experiment allowed accurate location of ²⁹Si satellites which were unobserved in 'standard' ¹H-¹H dqf COSY experiments. Additionally, it allowed determination of small $J_{\text{Si,H}}$ couplings (e.g. 5 Hz) where the pertinent signals are broadened by 31P coupling; previous methods used to determine the magnitude of similar couplings relied upon experiments requiring non-standard NMR probes which can simultaneously be tuned to ²⁹Si and ³¹P (e.g. ²⁹Si{³¹P} INEPT^{[64](#page-13-24)} and ²⁹Si-¹H-{³¹P} $HMQC^{65}$ $HMQC^{65}$ $HMQC^{65}$ experiments). By contrast, the ²⁹Si_edited ¹H–¹H COSY experiment used in this report can be run on a standard double resonance NMR probe with a single broadband channel.

The utility of the ²⁹Si_edited ${}^{1}H-{}^{1}H$ COSY NMR experiment was also highlighted by measurement of the sign and magnitude of $J_{\text{Si,H}}$ for H_{MnSi} in the nonclassical disilyl hydride complexes $[(dmpe)₂MnH(SiH₂R)₂]$ (2a: R = Ph, 2b: R = ^{*n*}Bu). These experiments (Figures S1-S2) afforded coupling constants of –31 Hz (**2a**) and –30 Hz (**2b**), which are in good agreement with the calculated values of –24 and –27 Hz, respectively, in our initial report,^{[66](#page-13-26)} and provide further experimental support for the nonclassical bonding situation proposed in **2a-b** (significant interactions between the central hydride and both flanking silyl groups).

EXPERIMENTAL SECTION

General Details. An argon-filled MBraun UNIlab glove box equipped with a -30 °C freezer was employed for the manipulation and storage of all oxygen- and moisture- sensitive compounds. Air-sensitive preparative reactions were performed on a double-manifold high-vacuum line equipped with a two stage Welch 1402 belt-drive vacuum pump (ultimate pressure 1×10^{-4} torr) using standard techniques.^{[67](#page-13-27)} The vacuum was measured periodically using a Kurt J. Lesker 275i convection enhanced Pirani gauge. Commonly utilized specialty glassware included thick walled flasks equipped with Teflon stopcocks, and J-Young or Wilmad-LabGlass LPV NMR tubes. Residual oxygen and moisture was removed from the argon stream by passage through an Oxisorb-W scrubber from Matheson Gas Products.

Benzene and hexamethyldisiloxane were purchased from Aldrich, hexanes was purchased from Caledon, and deuterated solvents were purchased from ACP Chemicals. Benzene, hexamethyldisiloxane, and hexanes were initially dried and distilled at atmospheric pressure from sodium/benzophenone. All solvents were stored over an appropriate drying agent (hexamethyldisiloxane, benzene, d^8 toluene, $C_6D_6 =$ $Na/Ph₂CO$; hexanes = $Na/Ph₂CO/tetraglyme$) and introduced to reactions or solvent storage flasks via vacuum transfer with condensation at –78 °C.

Dmpe, PhSiH₃, "BuSiH₃, Ph₂SiH₂, Et₂SiH₂, 1,4-dioxane, D₂, and ethylmagnesium chloride solution (2.0 M in diethyl ether) were purchased from Sigma-Aldrich. Manganese dichloride was purchased from Strem Chemicals. Argon and hydrogen gas were purchased from PraxAir. $[(dmpe)_2MnH(=\text{SiR}_2)]$ (1a: R = Ph, 1b: R = Et),^{[46](#page-13-2)} [(dmpe)2MnH(SiH2R)2] (**2a**: R = Ph, **2b**: R = *ⁿ*Bu),[47](#page-13-3) $[(dmpe)_{2}MnH_{2}(SiHR_{2})]$ (3a: R = Ph, 3b: R = Et),^{[46](#page-13-2)} and $[(\text{dmpe})_2\text{MnD}_2(\text{SiHEt}_2)]$ $(3b_d)^{46}$ $(3b_d)^{46}$ $(3b_d)^{46}$ were prepared according to the literature. A complete list of NMR data for **3a-b** and **3b_d²** can also be found in the ESI of our previous communication.^{[46](#page-13-2)}

NMR spectroscopy was performed on Bruker AV-500 and AV-600 spectrometers. Spectra were obtained at 298 K unless otherwise indicated. All ¹H NMR spectra were referenced relative to SiMe₄ through a resonance of the protio impurity of the solvent used: C_6D_6 (δ) 7.16 ppm) and d^8 toluene (δ 2.08 ppm, 6.97 ppm, 7.01 ppm, and 7.09 ppm). Also, all ¹³C NMR spectra were referenced relative to SiMe4 through a resonance of the 13 C in the solvents: C₆D₆ (δ) 128.06 ppm) and d 8 toluene (δ 20.43, 125.13, 127.96, 128.87, and 137.48 ppm). The ²⁹Si NMR spectra were referenced using an external standard of hexamethyldisiloxane in CDCl₃ (6.53 ppm), and the ^{31}P NMR spectra were referenced using an external standard of 85% H3PO⁴ in $D_2O(0.0$ ppm).

¹H⁻¹H COSY NMR spectra (and variations thereof) used to measure *J*Si,H were performed on Bruker AV-500 instruments at the warmest temperatures where all peaks are completely resolved. Spectral widths were chosen to ensure all peaks were encompassed. ${}^{1}H-{}^{1}H\{^{31}P\}$ dqf COSY NMR spectroscopy required input of a ³¹P chemical shift to be used in calculating the frequency used for ³¹P decoupling; 75 ppm was used for all samples because it was close to the ³¹P chemical shifts observed for these complexes. ²⁹Si_edited ¹H-¹H COSY NMR spectroscopy required input of a transmitter frequency for the pulses on ²⁹Si (calculated from the ²⁹Si chemical shifts; δ_{Si}) and an estimated $J_{\text{Si,H}}$ used to calculated the delay required to preferentially select, by polarization transfer, those protons interacting with ²⁹Si (excluding all others). The former was chosen separately for each complex based on an average of

the chemical shifts of the *central* and *transHSi* isomers. Determination of the latter involved starting with a 'best guess' determined from 1D ¹H NMR spectra (usually the coupling constant between ^{29}Si and a terminal Si*H* proton), followed by repeatedly collecting a 1D slice of a ¹H $-$ ²⁹Si HSQC experiment varying in estimated $J_{\text{Si,H}}$, with the value leading to the greatest intensity of the cross-peak of interest being chosen for use in the 2D experiment. Pertinent parameters (optimized for each sample based on values which gave the best results for ²⁹Si_edited ¹H-¹H COSY NMR experiments) used for all three COSY-type experiments (number of scans, experiment time, td1eff, td2eff, temperature, and for ²⁹Si_edited ¹H–¹H COSY only, δ _{Si} and estimated $J_{Si,H}$) are available in the ESI, as are symbolic pulse sequences used for ${}^{1}H-{}^{1}H\{{}^{31}P\}$ dqf COSY and ²⁹Si_edited ¹H-¹H COSY NMR experiments. For all COSY experiments, pulsed field gradients were used for coherence selection and artifact suppression.

Combustion elemental analyses were performed by Midwest Microlabs in Indianapolis, USA. IR spectra were performed in transmission mode on a Bruker Tensor 27 IR spectrometer as a suspension in Nujol or solution in hexanes, in both cases using $CaF₂$ plates.

All calculated structures were fully optimized with the ADF DFT package (SCM, versions 2014.05 to 2017.207).^{[68](#page-13-28)} Calculations were conducted in the gas phase within the generalized gradient approximation using the 1996 Perdew-Burke-Ernzerhof exchange and correlation functional (PBE), 69 69 69 using the scalar zeroth-order approximation $(ZORA)⁷⁰$ $(ZORA)⁷⁰$ $(ZORA)⁷⁰$ for relativistic effects, and Grimme's DFT-D3-BJ dispersion correction.[71](#page-14-2) To locate global energy minima, various (between 2 and 4) calculations were run for each structure starting from input coordinates associated with all possible rotamers; structures discussed in this work correspond to the lowest of the resultant energy minima in each case. Preliminary geometry optimizations were conducted with frozen cores corresponding to the configuration of the preceding noble gas (core = medium) using double-ζ basis sets with one polarization function (DZP), a Voronoi grid with an integration value of 5, and default convergence criteria for energy and gradients. These structures were further refined using all-electron triple-ζ basis sets with two polariza-tion functions (TZ2P) and fine integration grids (Voronoi 7 or Becke^{[72](#page-14-3)} verygood-quality).

Bond orders were calculated within the Mayer^{[73](#page-14-4)} formalism. Visualization of the computational results was performed using the ADF-GUI (SCM) or Biovia Discovery Studio Visualizer.

Analytical frequency calculations^{[74](#page-14-5)} were conducted on all geometry optimized structures (including geometry optimized fragments) to ensure that the geometry optimization led to an energy minimum and to obtain thermodynamic parameters. In a handful of cases, slightly negative frequencies (frequency range from -10 to -25 cm⁻¹) were observed but were shown to be spurious imaginary frequencies using the SCANFREQ command.^{[75](#page-14-6)} In one case ($transH_2$ **-3a**), the observed negative frequency (-9 cm^{-1}) was determined to be a dirty mode caused by low barrier rotation of the Mn–Si bond.

NMR coupling constants were calculated (using geometry optimized coordinates derived as discussed above) with the CPL program of the ADF package^{[76](#page-14-7)} from wave functions obtained by hybrid PBE0^{[77](#page-14-8)} $(ZORA)^{70}$ $(ZORA)^{70}$ $(ZORA)^{70}$ calculations using the TZ2P basis sets with additional steep basis functions (TZ2P-J). This method was benchmarked against published data calculated for related nonclassical hydrosilane complexes. The literature results^{[28](#page-12-2)} were reproduced with acceptable accuracy for $[(C_5H_4Me)MnH(SiHPh_2)(CO)_2]$ (our method: –52 Hz, literature calcd.: -68 Hz, literature expt.: -63 Hz^{[28](#page-12-2)}), [Cp₂TiH(SiHPh₂)(PMe₃)] (our method: -22 Hz, literature calcd.: -28 Hz, literature expt.: $|28|$ Hz^{78} Hz^{78} Hz^{78}), and $[Cp_2TiH(SiHClPh)(PMe_3)]$ (our method: 19 Hz, literature calcd.: 23 Hz, literature expt.: 15 Hz^{27} 15 Hz^{27} 15 Hz^{27}).

All reported computational values in this work were derived from restricted calculations (for modeling diamagnetic structures). For the five isomers of **4bPH3** , two additional sets of calculations were conducted to model potential paramagnetic structures using the UNRESTRICTED command^{[79](#page-14-10)} in conjunction with forcing two or four unpaired electrons (using the CHARGE command) and explicit occupation numbers (using the OCCUPATIONS command), in each case resulting minima were >180 kJmol⁻¹ greater in energy than the corresponding diamagnetic structure.

Single-crystal X-ray crystallographic analyses were performed on crystals coated in Paratone oil and mounted on a Bruker SMART APEX II diffractometer with a 3 kW sealed-tube Mo generator and SMART6000 CCD detector in the McMaster Analytical X-Ray Diffraction Facility (MAX). A semi-empirical absorption correction was applied using redundant data. Raw data was processed using XPREP (as part of the APEX v2.2.0 software), and solved by either direct $(SHELXS-97)^{80}$ $(SHELXS-97)^{80}$ $(SHELXS-97)^{80}$ or intrinsic $(SHELXT)^{81}$ $(SHELXT)^{81}$ $(SHELXT)^{81}$ methods. The structures were completed by difference Fourier synthesis and refined with full-matrix least-squares procedures based on $F²$. In all cases, non-hydrogen atoms were refined anisotropically and hydrogen atoms were generated in ideal positions and then updated with each cycle of refinement {with the exception of hydrogen atoms on Mn or Si (except *transH2***-4b** where this only applies to the terminal metal hydride) which were located from the difference map and refined isotropically}. Refinement was carried out using Olex2.^{[82](#page-14-13)}

Complexes **1a-b**, **2a-b**, **3a-b**, and **4a-b** are air sensitive, and products observed upon reaction with air are malodorous. Therefore, all syntheses were conducted under an atmosphere of argon.

[(dmpe)2MnH2(SiH2Ph)] (4a). 209.5 mg (0.367 mmol) of [(dmpe)2MnH(SiH2Ph)2] (**2a**) was dissolved in 10 mL of benzene. The reaction mixture was freeze/pump/thawed in a 50 mL storage flask three times, and then was placed under 1 atm of H_2 at -95 °C, sealed, and warmed to room temperature. After stirring at room temperature for 2 days, the solvent was removed *in vacuo*. The resulting yellow solid was recrystallized from a concentrated solution of hexanes at –30 °C giving a yellow powder which was dried *in vacuo*; 111.1 mg. Concentrating the mother liquor and leaving it at –30 °C yielded an additional 20.9 mg of **4a**, for a total yield of 132.0 mg (0.284 mmol, 77 %). X-ray quality crystals were obtained from hexanes. ¹H NMR (d^8 -toluene, 600 MHz, 298 K): δ 8.00 (br. s, 2H, *o*-ph), 7.29 (t, 2H, ³J_{H,H} 7.4 Hz, *m*-ph), 7.18 (t, 1H, ³J_{H,H} 7.1 Hz, *p*-ph), 5.45 (br. s, 2H, SiH), 1.5– 0.9 (br. singlets, 32H, PC*H*³ and PC*H*2), –12.54 (br. s, 1H, Mn*H*). ¹³C{¹H} NMR (d 8 -toluene, 151 MHz, 298 K): δ 135.83 (s, *o*-ph), 127.28 (s, *m*-ph), 126.82 (s, *p*-ph), 33.13 (br. s,). ³¹P{¹H} NMR (d⁸toluene, 202 MHz, 298 K): δ 76.69 (br. s). *central*-4a: ¹H NMR (d⁸toluene, 500 MHz, 186 K): δ 8.37 (d, 2H, ³J_{H,H} 7.2 Hz, *o*-ph), 7.49 (t, 2H, ³ *J*H,H 7.2 Hz, *m*-ph), 7.34 (t, 1H, ³ *J*H,H 7.0 Hz, *p*-ph), 6.10 (s with ²⁹Si sat., 1H, ¹J_{Si,H} 171.4 Hz, SiH), 6.02 (t with ²⁹Si sat., 1H, ³J_{H,P} 9.5 Hz, ¹ *J*Si,H 175.6 Hz, Si*H*), 0.8-1.5 (various m, 8H, PC*H*2), 1.39 (d, 6H, 2 *J*H,P 2.9 Hz, PC*H*3), 1.30 (s, 6H, PC*H*3), 0.96 (s, 6H, PC*H*3), 0.74 (s, 6H, PC*H*3), –12.83 (m, 2H, Mn*H*). ¹³C{¹H} NMR (C6D6, 126 MHz, 207 K): δ 151.39 (s, *i*-ph), 135.59 (s, *o*-ph), 127.30 (s, *m*-ph), 127.04 (s, *p*-ph), 33.44 (m, P*C*H2), 32.35 (m, P*C*H2), 30.13 (t, *J*C,P 15 Hz, P*C*H3), 22.56 (s, P*C*H3), 22.30 (d, ² *J*C,P 16 Hz, P*C*H3), 21.57 (m, P*C*H3). ²⁹Si{¹H} NMR (d⁸-toluene, 119 MHz, 226 K): δ –15.73 (s). ³¹P{¹H} NMR (d⁸-toluene, 202 MHz, 186 K): δ 73.98 (br. s, 2P), 72.38 (br. s, 2P). *transHSi*-4a: ¹H NMR (d⁸-toluene, 500 MHz, 186 K): δ 8.15 (d, 2H, ³ *J*H,H 7.1 Hz, *o*-ph), 7.40 (t, 2H, ³ *J*H,H 7.1 Hz, *m*-ph), 7.25 (t, 1H, ³J_{H,H} 7.1 Hz, *p*-ph), 5.46 (s with ²⁹Si sat., 2H, ¹J_{Si,H} 155.0 Hz, Si*H*), 0.8-1.5 (various m, 8H, PC*H*2), 1.34 (s, 12H, PC*H*3), 1.07 (s, 12H, PC*H*3), -10.88 (p, 1H, ²*J*_{H,P} 53.9 Hz, Mn*H*), -12.66 (p, 1H, ²*J*_{H,P} 23.1 Hz, Mn*H*Si). ¹³C{¹H} NMR (C6D6, 126 MHz, 207 K): δ 149.71 (s, *i*-ph), 135.95 (s, *o*-ph), 127.30 (s, *m*-ph), 126.80 (s, *p*-ph), 32.25 (m, P*C*H2), 27.73 (m, P*C*H3), 20.8 (P*C*H3) [83](#page-14-14) . ²⁹Si{¹H} NMR (d 8 -toluene, 119 MHz, 226 K): δ –1.63 (m). ${}^{31}P{^1H}$ NMR (d⁸-toluene, 202 MHz, 186 K): δ 77.85 (s). *ν*(SiH, MnH) (Nujol, cm–1): 1808, 1973, 2025, 2056. *ν*(SiH, MnH) (hexanes, cm⁻¹): 1738, 1756, 1811, 1990, 2014. Anal. Found (calcd.): C, 46.72 (46.55); H, 8.85 (8.90).

[(dmpe)2MnH2(SiH² *ⁿ***Bu)] (4b)**. 108.9 mg (0.205 mmol) of [(dmpe)₂MnH(SiH₂^{*n*}Bu)₂] (2**b**) was dissolved in 10 mL of benzene. The reaction mixture was freeze/pump/thawed in a 50 mL storage flask three times, and then was placed under 1 atm of H₂ at -95 °C, sealed, and warmed to room temperature. After stirring at room temperature for 3 days, the solvent was removed *in vacuo*. The resulting yellow solid was recrystallized from a concentrated solution of hexanes at –30 °C and dried *in vacuo* to afford a yellow powder. Yield = 41.6 mg (0.094 mmol, 46 %). X-ray quality crystals were obtained from a dilute solution in hexanes at -30 °C. ¹H NMR (d⁸ toluene, 600 MHz, 298 K):

 δ 4.65 (br. s, 2H, SiH), 1.76 (p, 2H, ${}^{3}J_{\text{H,H}}$ 7.6 Hz, SiH₂CH₂CH₂CH₂CH₃), 1.58 (s, 2H, ${}^{3}J_{\text{H,H}}$ 7.4 Hz, SiH₂CH₂CH₂CH₂CH₃), 1.34 (br. s, 8H, PC*H*₂), 1.23 (br. s, 24H, PC*H*₃), 1.04 (t, 3H, ³J_{H,H} 7.3 Hz, SiH₂CH₂CH₂CH₂CH₃), 0.89 (br. s, 2H, SiH₂CH₂CH₂CH₂CH₃), –12.54 (br. s, 2H, MnH). ¹³C{¹H} NMR (d⁸ toluene, 151 MHz, 298 K): δ 33.24 (br. s, P*C*H2), 32.86 (s, SiH₂CH₂CH₂CH₂CH₃), 27.07 (s, SiH₂CH₂CH₂CH₂CH₃), 14.60 (s, $SiH₂CH₂CH₂CH₂CH₃$). ³¹P NMR (d⁸ toluene, 243 MHz, 298 K): δ 76.51 (s). *central***-4b**: ¹H NMR (d⁸ toluene, 500 MHz, 207 K): δ 5.39 $(s$ with ²⁹Si sat., 1H, ¹J_{Si,H} 160.4 Hz, SiH), 5.24 (s with ²⁹Si sat., 1H, ¹J_{Si,H} 168.4 Hz, SiH), 2.01 (m, 2H, SiH₂CH₂CH₂CH₂CH₃), 1.77 (m, 2H, SiH2CH2CH2C*H*2CH3), 1.41 (s, 6H, PC*H*3), 1.40 (m, 2H, PC*H*2),1.36 (m, 1H, SiH2C*H*2CH2CH2CH3), 1.26 (s, 6H, PC*H*3), 1.21 (m, 2H, PC*H*2), 1.18 (s, 6H, PC*H*3), 1.18 (m, 1H, SiH2C*H*2CH2CH2CH3), 1.18 (t, 3H, ³ *J*H,H 7.4 Hz, [84](#page-14-15) SiH2CH2CH2CH2C*H*3), 0.99 (m, 2H, PC*H*2), 0.88 (m, 2H, PC*H*2), 0.79 (s, 6H, PC*H*3), –12.75 (m, 2H, Mn*H*). ¹³C{¹H} NMR (d⁸ toluene, 126 MHz, 207 K): δ 33.46 (m, PCH₂), 32.37 (m, P*C*H2), 32.37 (s, SiH2CH2*C*H2CH2CH3), 30.48 (m, P*C*H3), 27.49 (s, SiH₂CH₂CH₂CH₂CH₃), 27.49 (s, SiH₂CH₂CH₂CH₂CH₃), 22.64 (s, P*C*H3), 22.25 (m, P*C*H3), 15.04 (s, SiH2CH2CH2CH2*C*H3). ²⁹Si{¹H} NMR (d⁸ toluene, 119 MHz, 207 K): δ –22.00.³¹P{¹H} NMR (d⁸ toluene, 243 MHz, 205 K): δ 74.06 (br. s, 2P), 72.05 (br. s, 2P). *transHSi***-4b**: (d⁸ toluene, 500 MHz, 207 K): δ 4.72 (s with ²⁹Si sat., 2H, ¹ *J*Si,H 151.7 Hz, Si*H*), 1.92 (m, 2H, SiH2CH2C*H*2CH2CH3), 1.69 (m, 2H, ³ *J*H,H 7.3 Hz, SiH2CH2CH2C*H*2CH3), 1.56 (br. s, 4H, PC*H*2), 1.36 (s, 12H, PC*H*3), 1.26 (br. s, 4H, PC*H*2), 1.12 (s, 12H, PC*H*3), 1.12 (t, 3H. *J*H,H 7.3 Hz, [84](#page-14-15) SiH2CH2CH2CH2C*H*3), 0.99 (m, 2H, SiH₂CH₂CH₂CH₂CH₃), -11.25 (p, 1H, ²J_{H,P} 51.5 Hz, Mn*H*), -13.28 (p, 1H, ²J_{H,P} 23.0 Hz, Mn*H*Si). ¹³C{¹H} NMR (d⁸ toluene, 126 MHz, 207 K): δ 33.46 (s, SiH2CH2*C*H2CH2CH3), 32.37 (m, P*C*H2), 27.62 (s, SiH₂CH₂CH₂CH₂CH₃), 27.49 (s, PCH₃), 22.82 (s, SiH₂CH₂CH₂CH₂CH₃), 20.78 (s, PCH₃), 14.91 (s, SiH₂CH₂CH₂CH₂CH₃), 20.78 (s, PCH₃), 14.91 (s, SiH₂CH₂CH₂CH₂CH₃). ²⁹Si{¹H} NMR (d⁸ toluene, 119 MHz, 207 K): –6.91. ³¹P{¹H} NMR (d⁸ toluene, 243 MHz, 205 K): 77.48 (s). *ν*(SiH, MnH) (Nujol, cm⁻¹): 1740, 1965, 1995. *ν*(SiH, MnH) (hexanes, cm⁻¹): 1737, 1830, 1983, 2013. Anal. Found (calcd.): C, 43.39 (43.24); H, 9.94 (10.20).

 $[(dmpe)_2MnD_2(SiH_2R)]$ $(4a_d2; R = Ph, 4b_d2; R = mBu)$. Roughly 10 mg of the manganese-containing precursor used to synthesize the fully protonated complexes {for **4a** [(dmpe)2MnH(SiH2Ph)2] (**2a**) and for **4b** [(dmpe)₂MnH(SiH₂ⁿBu)₂] (2b)} was dissolved in roughly 1 mL of C6D6. The reaction mixture was freeze/pump/thawed in a J-young NMR tube three times, and then was placed under 1 atm of D_2 at -95 °C, sealed, and warmed to room temperature and then allowed to sit at room temperature for the reaction times required to prepare the protio analogues. The deuterated complexes were isolated from free hydrosilane by-prodcts on the NMR scale by removing the solvent and hydrosilane *in vacuo*, and used without further purification. NMR spectra of **4a** d_2 and **4b** d_2 differ from the protonated analogues by the absence of peaks in the ¹H NMR spectra corresponding to the Mn*H* environments.

IR data for 3a. *ν*(SiH, MnH) (Nujol, cm⁻¹): 1767, 1807, 1974.

IR data for 3b. *ν*(SiH, MnH) (Nujol, cm⁻¹): 1877 (with shoulder to lower wavenumber), 2015. *ν*(SiH, MnH) (hexanes, cm⁻¹): 1734, 1864, 2031 (with two shoulders to lower wavenumber).

ASSOCIATED CONTENT

Supporting Information

²⁹Si_edited ¹H– ¹H COSY NMR spectra for **2a-b**, **3a-b**, and **4a-b**, ¹H⁻¹H{³¹P} dqf COSY NMR spectra for **3a-b** and **4b**, ¹H⁻¹H dqf COSY NMR spectra for **3b** and **4b**, table of ¹H– ¹H COSY NMR parameters used for experiments when measuring $J_{\text{Si,H}}$, symbolic pulse sequences for ${}^{1}H-{}^{1}H{3}^{1}P$ dqf COSY and ${}^{29}Si$ edited ${}^{1}H-{}^{1}H$ COSY NMR experiments, computational results (tables of energies

and Hirschfeld charges for all complexes, tables of bonding parameters and bond orders for PH³ analogues), visualization of calculated structures, tables of crystal data/crystal structure refinement, selected 1D NMR spectra for complexes **4a-b**, **4a _d2**, and **4b_d2**, and IR spectra for complexes **3a-b** and **4a-b** (PDF)

Cartesian coordinates of the calculated structures (XYZ)

Accession Codes

CCDC 1896287 and 1896288 contain the supplementary crystallographic data for complexes **4a** and **4b**. These data can be obtained free of charge via [www.ccdc.cam.ac.uk/data_request/cif,](http://www.ccdc.cam.ac.uk/data_request/cis) or by emailing [data_request@ccdc.cam.ac.uk,](mailto:data_request@ccdc.cam.ac.uk) or by contacting The Cambridge Crystallographic Data Centre, 12 Union Road, Cambridge CB2 1EZ, UK; fax: +44 1223 336033.

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Notes

The authors declare no competing financial interest.

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